Bikeable Community Workshop
Planning Guide 2019

MINNESOTA
BICYCLE ALLIANCE OF MINNESOTA
Acknowledgements

This Planning Guide describes the steps needed to plan and conduct a Bikeable Community Workshop. It is based on the League of American Bicyclists, Bicycle Friendly program and the Smart Cycling education curriculum. In addition, concepts from workshops designed by the Michigan Department of Transportation (DOT) were also incorporated. Michigan’s DOT has conducted numerous workshops in their state for many years.

The Minnesota Departments of Health and Transportation (MDH and MnDOT, respectively) and Bicycle Alliance of Minnesota (BikeMN) acknowledges the League of American Bicyclists and Michigan DOT for their development of resources used in this workshop. MDH, MnDOT and BikeMN thank them for granting permission to replicate similar workshops in Minnesota.

MDH, MnDOT, and BikeMN also acknowledge the support provided by Minnesota pilot sites in 2012, Coon Rapids, Duluth, Mankato, and Saint Paul, for testing the workshop framework and providing insights for improvement.
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Why host a Bikeable Community Workshop?

Simple steps to make bicycling convenient and safe can pay huge dividends in civic, community, and economic development—as well as overall quality of life. Given the opportunity to ride, residents enjoy dramatic health benefits, reduced congestion, increased property values, and more money in their pockets to spend in the local economy. When your community welcomes bicycling, tourism booms, local businesses attract the best and the brightest, governments realize savings, and the environment thrives.

Adapted from the Bicycle Friendly Community Resource Guide, Created by the Bicycle Alliance of Minnesota

Biking = Community Health Benefits

Minnesota communities are in search of effective strategies to increase physical activity for their residents, workers, and visitors.

The Guide to Community Preventive Services (www.thecommunityguide.org) provides a list of effective population-based strategies to improve physical activity. Three of the strategies are categorized under the area of environmental and policy approaches, including:

- Creation of, or enhanced access to, places for physical activity combined with informational outreach activities.
- Street scale urban design and land use policies and practices
- Community-scale design and land use policies and practices

People want more places to bike!

Half of all trips are 3 miles or less—a reasonable bicycling distance

Minnesota adults support projects that encourage active transportation:

- 87% feel the way a community is built has a big effect on how much physical activity people get
- 72% feel there ought to be laws that require communities to build sidewalks and bike paths
- 80% or more of young adults would like to live in a place where they don’t need to depend on a car to get around

Community Economic Benefits

Working towards a more bicycle friendly community can create economic benefits in addition to improving health and transportation options. According to the 2016 MnDOT study on the Economic Impact and Health Effects of Bicycling in Minnesota, in Minnesota alone…

- In 2015, bicycle event visitors supported $14.3 million of economic activity, including $4.6 million in labor income and 150 jobs
- The average bicycle event visitor spent $121.20 per day.
- Bicycle event visitors spent an estimated $8.5 million while attending events.

Increasing bicycling can also help to reduce costs associated with preventable diseases.

- Bicycle commuting prevents 12 to 61 deaths per year, saving $100 million to $500 million.

Assessing the Economic Impact and Health Benefits of Bicycling in Minnesota (2016). Minnesota Department of Transportation and University of Minnesota.
Workshop Key Players

Bikeable Community Workshop (BCW) Team:
This is the team of professionals that will facilitate, present at, and assist with leading the community bike audit at the workshop held in your community.

Bikeable Community Workshop Coordinator
- Coordinates all workshops across the state.
- Main contact for the Bikeable Community Workshop Team
- Works closely with the Community Coordinator to plan a successful workshop

Biking Expert
- Staff member at the Bicycle Alliance of Minnesota

Health Expert
- Staff member at the Minnesota Department of Health

Transportation Expert
- Staff member at the Minnesota Department of Transportation

Community Coordinator
- Main contact for the community and leader of the Community Planning Team
- Works closely with the BCW Coordinator to plan workshops logistics
- Responsible for workshop budget, workshop location, local logistics, organizing participant recruitment, ordering food, and ensuring that all participants have a bike to use at the workshop.
- Should plan to work with BCW team to set up and prepare for the workshop on the afternoon and evening before the workshop is held.

Community Planning Team: This is the team developed within your community that works to organize and plan the workshop and provides insights regarding your community to the BCW team.
- Consists of 3-5 team members, including a local public health expert and a public planning expert
- Community experts will assist in facilitating conversation and providing community context at the workshop
- Assist Community Coordinator with workshop organization and logistics, including participant recruitment

Workshop Participants
- Community stakeholders who are present for the workshop. For details on who should be encouraged to attend, see page 10.
Workshop Planning Timeline & Checklist

Application Stage: Application Due Friday, November 30, 2018.

- Complete workshop application questions and submit online: [https://goo.gl/forms/kr5pt2q35Fk8Q0ns2](https://goo.gl/forms/kr5pt2q35Fk8Q0ns2)
- Request letter of support from Community Engineer
- Request letter of support from Community Elected Official
- Read through entire Bikeable Community Workshop Planning Guide and contact BCW Coordinator with any questions
- Gauge initial community support: Contact other key community leaders and stakeholders, and include their contact information in your application.
- Determine staffing capacity for a Community Planning Team. This team should include one public health community expert and one public planning community expert.

Initial Planning Stage: January – March

- Secure budget of approximately $850 based on Workshop Budget Estimate (see page 7).
- Secure staff support for planning the workshop. Decide on Community Coordinator and Community Planning Team.
- Secure support from elected official. Request that they provide a welcome on the day of the workshop, and that they support the long-term goal of creating a more bicycle friendly community.
- Work with BCW Coordinator to determine a workshop date.
- Reserve a space in your community to hold the workshop. See location requirements on page 8.
- Review Participant Invitation List on page 10 and create list of community members to invite to the workshop. Work with Community Planning Team and BCW Coordinator to fill gaps in your invitation list.
- If you would like to use the BikeMN bike fleet, reserve with the BCW Coordinator. See budget page for fleet rental costs.

Final Planning Stage: March – April

- Revise participant invitation letter and invite participants to workshop. Send out invitation 4-6 weeks before workshop date, and request that they RSVP at least 3 weeks before workshop date.
- Request print-outs of aerial maps of community. See guidelines on page 8.
- Work with BCW Coordinator to create 3-5 mile bicycle route for community bicycle audit portion of the workshop.
- Work with Community Planning Team to review workshop agenda, review slide presentation, and inspect bike audit route.
- Collect workshop supplies and order refreshments. Be sure to include coffee, a pre-bike ride snack, and lunch for all participants.
- Work with BikeMN Communications Director to review the News Release and send to community media outlets. Invite media to attend the workshop.
- Review RSVP list and contact community members who haven’t responded.
- Ensure attendees have access to bikes for the bike audit portion of the workshop.

2 Weeks Before Workshop

- Confirm workshop location, room reservation, equipment and technology needs, and final inspection of bike route.
- Finalize slide presentation with BCW Coordinator
- Confirm order for workshop refreshments (coffee, snack, and lunch)
- Participate in a conference call with BCW Coordinator, BikeMN, MDH, and MnDOT presenters, and community planning team to discuss workshop logistics and provide important background information

Day Before Workshop

- Set up the room with the BCW Team
- Pre-ride the bicycle route
- BCW Team, Community Planning Team, Community Coordinator should plan to meet for dinner to discuss final details.
Workshop Budget Estimate

The following is an estimate of the budget necessary to host a Bikeable Community Workshop. The Bikeable Community Workshop Team (BikeMN, MDH, MnDOT) will bring all education materials needed. The community is responsible for providing food, bicycles (if needed), and a space to hold the workshop.

<table>
<thead>
<tr>
<th>Workshop Item</th>
<th>Budget Estimate</th>
</tr>
</thead>
<tbody>
<tr>
<td>Community Planning Team: Public health staffing to include workshop planning,</td>
<td>In-Kind</td>
</tr>
<tr>
<td>administration and co-facilitation: time commitment of 20-40 hours</td>
<td></td>
</tr>
<tr>
<td>Community Planning Team: Land use planning and transportation staffing to</td>
<td>In-Kind</td>
</tr>
<tr>
<td>include workshop planning, administration, and co-facilitation: time</td>
<td></td>
</tr>
<tr>
<td>commitment of 20-40 hours</td>
<td></td>
</tr>
<tr>
<td>Workshop expenses: Room rental, snacks, coffee, lunch, and other needs to</td>
<td>$500</td>
</tr>
<tr>
<td>create a learning environment suitable for this workshop.</td>
<td></td>
</tr>
<tr>
<td>Optional: Provide functional and safe bicycles for all attendees who are</td>
<td>$350</td>
</tr>
<tr>
<td>unable to bring a bike to the mobile workshop portion of the day. Budget</td>
<td></td>
</tr>
<tr>
<td>estimate is based on a price approximation of $35* a day per bicycle for</td>
<td></td>
</tr>
<tr>
<td>10 of 20 participants. *Local bike rental rates may vary</td>
<td></td>
</tr>
<tr>
<td>Total Budget Estimate:</td>
<td>$850</td>
</tr>
</tbody>
</table>
Workshop Logistics & Host Site Requirements

Workshop Location

Meeting room:
- Suggested locations: city hall, school, community center, fire hall, etc.
- The meeting room should offer seating for 25-30 people.
- The room should be set up so that participants can view a projection screen
- Parts of our workshop involve small group conversations and discussion. Please ensure that the meeting space has an additional room, hallway, or other space conducive to splitting up participants into different discussion groups.
- There should be space for refreshments and lunch to be served to participants.
- If possible, choose a room with a whiteboard for note taking and large group action planning.
- The room should have dimmed lights and window shades, and no skylights, or other openings that prevent light control. We want everyone to be able to clearly view the powerpoint projection.

Technology requirements:
- Projection screen or blank wall for powerpoint projection
- Ensure that there is a sufficient number of electrical outlets for laptops and projector
- The room MUST have internet access!

Physical location:
- The meeting place should be in a location that is conducive to beginning and ending a 3-5 mile bike route that participants will participate in during the middle of the workshop day. The route will include features that both promote biking and make biking a challenge. The location should NOT be more than one mile from the center of the community.
- The building should have adequate bike parking or a place for participants to bring their bicycles inside.

Aerial Maps
- The host community is responsible for providing aerial maps of the community. We will use these maps to discuss the mobile workshop route and when working through the community’s action plan.
- Contact community planning, transportation, or engineering to create map image (1/20 scale is preferred)
- Obtain an electronic file of the map image and print 2-4 color copies in poster size (about 2’ by 3’) OR request that the planning, transportation, or engineering office prints copies for use at the workshop.
- Bring maps to hang up during set up on the day before the workshop.

Supplies & Equipment

The community is responsible for providing the following workshop materials:
- Projector and laptop
- Power strip and extension cord
- Nametags
- Aerial maps
- Colored markers
- Refreshments: Coffee, snacks, and lunch
### Workshop Agenda

*This is a sample agenda. Specific times may vary and the agenda may be revised for each workshop. Use this agenda as a guideline and send out with participant invitation emails. Participants are expected to attend the entire workshop. The length of time for the workshop is a total of 6 hours. A typical workshop will begin at 9am and last until 3pm.*

#### Bikeable Community Workshop Agenda

<table>
<thead>
<tr>
<th>Activity</th>
<th>Duration</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Welcome and Introductions</td>
<td>(35 minutes)</td>
<td>BikeMN, MnDOT, and MDH Bikeable Community Workshop team members introduce themselves and give an overview of the day.</td>
</tr>
<tr>
<td>Introduction to Equity</td>
<td>(5 minutes)</td>
<td>Role of equity in community improvement. Equity discussion will be incorporated into each workshop section.</td>
</tr>
<tr>
<td>Evaluation &amp; Planning</td>
<td>(35 minutes)</td>
<td>Bicycle plans, bicycle counts, and land use planning.</td>
</tr>
<tr>
<td>Engineering</td>
<td>(35 minutes)</td>
<td>Engineering examples and resources.</td>
</tr>
<tr>
<td>Education</td>
<td>(35 minutes)</td>
<td>Riding in Traffic Minnesota’s Bicycle &amp; Traffic Laws</td>
</tr>
<tr>
<td>Break</td>
<td>(10 minutes)</td>
<td>Prepare for mobile workshop</td>
</tr>
<tr>
<td>Mobile Workshop</td>
<td>(90 minutes)</td>
<td>3-5 mile community assessment and bike ride</td>
</tr>
<tr>
<td>Reconvene &amp; Lunch</td>
<td>(20 minutes)</td>
<td>Discuss bike ride</td>
</tr>
<tr>
<td>Enforcement</td>
<td>(15 minutes)</td>
<td>Examples of enforcement strategies</td>
</tr>
<tr>
<td>Encouragement</td>
<td>(15 minutes)</td>
<td>Examples of encouragement strategies</td>
</tr>
<tr>
<td>Action Planning</td>
<td>(50 minutes)</td>
<td>Participants use knowledge gained in workshop and planning worksheets to develop six-and twelve-month action plans for their community</td>
</tr>
<tr>
<td>Summary &amp; Evaluation</td>
<td>(10 minutes)</td>
<td>Complete workshop evaluation forms</td>
</tr>
</tbody>
</table>
Participant Invitation List

Consider the following when determining who to invite to your Bikeable Community Workshop:

- Who is likely to be interested and invested in making the community more bikeable?
- Who can help identify equitable solutions?
- Who is needed to bring about any recommended changes in engineering, education, enforcement, encouragement, and/or the environment?
- Are the participants representative of the local community?

The workshop should include 15-30 participants. This ensures the community has support, resources, and volunteers to implement strategies discussed during the workshop.

City/Township/County staff:

- Engineer
- Public Works Director
- Planner
- Police or Sheriff
- Parks Director
- Recreation Director
- City/County Health Department
- Transit staff
- Fire/EMS staff
- Municipal staff from other jurisdictions for intergovernmental cooperation

School staff and groups

- School superintendent or principal
- PTA/PTO leaders
- Students
- School crossing guard
- Physical education teachers

Business organizations and leaders

- Business owners
- Representatives from merchants group
- Chamber of Commerce staff or board member
- Economic development staff or board member
- Builders and developers

Community organizations and leaders

- Youth group members
- Representatives from service organizations
- Representatives from senior citizen organizations or agencies
- Citizen advocates interested in bike friendliness or the community
- Members of neighborhood groups or associations
- Members of advocacy groups that promote walking or multi-modal transportation planning
- Faith community leaders or members
- Health and safety groups
- Members of safety coalitions (SafeKids, MADD, AAA)
- Health organizations (American Heart Association, American Lung Association)
- Representative from the medical community, local clinic, or hospital
- Staff from fitness organizations such as YMCA, health club, walking club
- Insurance agency professionals

Elected and appointed officials

- Mayor, city council members, or county commissioners
- Elected officials from other nearby jurisdictions for intergovernmental cooperation
- Public Works Commission member
- Municipal Court Judge
- State or Federal elected officials

Other potential workshop participants

- Representatives from local colleges and universities
- Metropolitan planning organization staff
- MnDOT District Office staff
- MnDOT safety staff, state pedestrian coordinator, state bike coordinator
- News media
Participant Invitation Letter

Revise the draft invitation letter (below) and send it to community members at least 4 weeks before the workshop. Include a copy of the Workshop Agenda (page 9) and directions to the location with the invitation letter.

[date] [address]

Dear __________,

The _______ [host organization or partnership] invites you to attend a Bikeable Community Workshop in _______ [location/city]. This workshop is part of an effort to make our community more bike-friendly. The workshop is being presented by the Minnesota Departments of Health and Transportation and the Bicycle Alliance of Minnesota.

We invite you to participate in this six-hour workshop on _________ [date] from _______ [start and end time] in room of the ________ [meeting place] located at _________ [address]. We believe you can help us develop realistic strategies to make our community a safe and more pleasant place to bike and thereby improve the health of all our residents.

Enclosed is a copy of the Workshop Agenda and directions to the workshop location. At the workshop, we will learn more about successful bike design, safety, education, enforcement, and encouragement. We will relate these concepts specifically to the community by studying a bike route during the workshop. A bike audit to this area will help us understand and identify obstacles to biking and suggest potential short-term and long-term solutions. Please wear comfortable shoes and clothing suitable for the weather that day. Also, bring along a bicycle and helmet to participate in the mobile workshop portion—a leisurely paced [3-5] mile bike ride in small groups highlighting bicycle facilities and opportunities.

We hope you will be able to participate in this important workshop. Please contact _______ [host] at _________ [phone number and/or e-mail address] with questions.

Please register for this workshop using the following link: _________.

Sincerely,

[Representative(s) of the Host Partnership Organizations]

Enclosures
- Workshop Agenda
- Directions to the workshop location
Publicity—News Release

Revise the draft news release (below) and share it with local media to publicize the workshop. Add a quote or two from the host organization or others who are partnering to hold the workshop.

[Organization Name] Joins Forces with BikeMN to
Bring Bikeable Community Workshop to Region

[City], Minn., [Month, Day], [Year] - Cities across the state are striving to create activity-friendly environments by rethinking urban design. Urban design is one of the best ways to combat obesity and health problems that are on the rise due to inactivity. To give the [City Name] area a boost in thinking about how active transportation can play a key role in the community, [Organization Name] will host a Bikeable Community Workshop on [Date] focusing on the tangible benefits of a well-designed “bikeable community.”

“Bikeable Community Workshops have been powerful tools for building teams and focusing work to move communities quickly on the path to being more liveable and bikeable places to live, work and visit,” said Nick Mason, Deputy Director of the Bicycle Alliance of Minnesota.

The workshop is designed to provide local leaders and planners with technical assistance that may help create a more bikeable community. The workshop will identify real-world problems and hands-on solutions. The workshop is designed for local elected officials, public administrators, health officials, transportation planners, and other local stakeholders.

[Insert quote here from organization. Example: “We’re really excited to host this workshop and get decision makers and community members in the same room to talk about what active transportation could look like in our community.”]

Bikeable communities accommodate all types of transportation, including cars and transit, but focus on a safe and convenient environment for pedestrians and bicyclists. People-friendly facilities might include such amenities as bike lanes, safe shoulders, gathering spots, benches, aesthetic landscape design, and traffic calming roadways.

Bicycling has a proven positive impact on the health of Minnesotans, as well as the economy. Research from the Minnesota Department of Transportation (MnDOT) shows the bicycling industry and bike events in Minnesota generate more than $625 million in economic activity and that those who bicycle commute have 31% lower odds of obesity.

[Organization Name] is hosting the workshop, which is being facilitated by the Minnesota Department of Health, MnDOT, and the Bicycle Alliance of Minnesota. The workshop will be held in at [Location] on [Date].

More about BikeMN:
The Bicycle Alliance of Minnesota (BikeMN) is working to make Minnesota a place where bicycling is easy, safe, and fun for everyone. The mission of BikeMN is to unite and strengthen bicycle advocacy, provide education, and work for a more bicycle friendly Minnesota. Visit www.bikemn.org for more.

###
Post-Workshop Actions

After the workshop, we want the momentum around creating a more bicycle friendly community to continue to grow. At each workshop, we will assist with the creation of an action plan, and work with you to come up with ideas for next steps that your community can take to begin working on your priority goals. Below is a summary of these steps:

Step 1:
- Summarize the Action Plan developed at the workshop
- Build off of the momentum gained at the workshop as set up a meeting for the group to discuss which items from the larger Action Plan will be prioritized over the next six months and twelve months.
- Share photographs taken during the workshop with the larger group.

Step 2:
- From the larger list of Action Plan items created at the workshop, decide which actions will be prioritized over the next six months and twelve.
- Determine who plans to take the lead on each item, and the steps that the group will take to work towards these goals.
- Create a more detailed outline for each action item.

Sample outline:
- Project Idea
- List public partners: City, County, Schools
- List private partners: Non-profits and businesses
- Resources: materials, funds, etc.
- Specific short-term goals
- Specific long-term goals

Step 3: Based on your community, determine additional steps to continue progressing towards your goals of a more bike friendly community. Some ideas for additional steps include:
- Set up a regular meeting schedule with workshop participants.
- Present the Action Plan to elected officials, key decision makers, and other community groups that have a stake in the community’s bike friendliness.
- Schedule meetings with appropriate staff in public agencies that have a role identified in the Action Plan. This may include city planning, public works, parks and recreation, and school transportation.
- Contact local media to cover follow-up stories from the workshop.
- Form a community bicycle advocacy group.
- Form a city bicycle advisory group.
- Set up regular meetings between city employees who are working on goals identified in the Action Plan.
- Integrate Action Plan recommendations into the community’s Comprehensive Plan
- Pursue funding to implement Action Plan recommendations.
- Form groups to conduct additional bike or walk audits in other neighborhoods within the community.
- Become a Bicycle Friendly Community
- Offer bicycle education courses to community members
- Organize encouragement activities in the community
What do people say about Bikeable Community Workshops?

“My community is very bikeable for experienced and adult bikers, but it is the families with children and less experienced bikers you need to think about when determining overall bikeability.”
- Ryan Gunderson, Recreation Coordinator, City of Coon Rapids

“How important it is for bicyclists to behave in a way that is predictable to motorists, and that we in Public Works can aid that behavior by implementing street designs that lend themselves to predictable behavior.”
- Jesse Farrell, Civil Engineer of Saint Paul

“The Bikeable Community Workshop was a great event to partner different community groups and organizers regarding bike safety and bike awareness in our community. I would recommend the workshop to any community interested in making their community more bike friendly!”
- Nick Lepak, Community Police Officer, Duluth Police Department

“There is no replacement for actually having our staff out on the roads experiencing the city as cyclists. It was really valuable to discuss how all the details fit together, from route planning and design, to education and trail maintenance.”
- Christina Morrison, Senior Planner, City of Saint Paul

Frequently Asked Questions

My community has applied to host a workshop before and was not selected. Can we apply again?
Yes! Communities are eligible to apply as long as they have not hosted a Bikeable Community Workshop in the past.

Can I apply to have one workshop cover multiple communities in a region?
We typically hold workshops at the level of a specific city, town, township, or reservation. If you represent or work with multiple communities that you would like to host a workshop, please submit separate applications for each one. We no longer hold county-wide workshops.

What is the time commitment for the Community Coordinator?
The Community Coordinator should expect to spend a few hours each month between January and April recruiting participants, reserving a workshop space, collecting background information, and collaborating with the BikeMN, MDH, and MnDOT team. We expect that the community coordinator and members of the planning team are available on the day before the workshop to assist with set up, pre-ride the bike route, and have a meeting and/or dinner with the MDH, MnDOT, and BikeMN team to discuss community specifics. The Community Coordinator should be present for the entire workshop.

I have questions about the application or workshop. Who should I contact?
Contact Kate Matusinec, the Bikeable Community Workshop Coordinator: kate@bikemn.org or (612) 454-0651
Additional Materials

Active Living Research—Community Audit Tools  |  A variety of research-based tools for
community audits  |  http://activelivingresearch.org/resourcesearch/toolsandmeasures

Bicycle Alliance of Minnesota  |  Provides resources for community education, from offering a traffic
skills 101 course to hosting a bicycle rodeo, as well as bicycle safety information and upcoming bicycle
related events.  |  www.bikemn.org/education

Bicycle Friendly Communities  |  League of American Bicyclists  |  Learn how to become a
Bicycle Friendly Community  |  www.bikeleague.org/programs/bicyclefriendlyamerica

Bicycle and Pedestrian Safety Resources  |  Minnesota Department of Transportation  |  Bicycle Safety and
Education  |  https://www.dot.state.mn.us/sharetheroad/

Bicycle Parking Guide  |  Association of Pedestrian and Bicycle Professionals  |  Provides
guidance and recommendations for safe and adequate bicycle parking  |  https://www.abbp.org/page/Publications

Center for Prevention  |  Blue Cross Blue Shield of Minnesota  |  Resources for learning how
community design can impact residents’ physical activity  |  https://www.centerforpreventionmn.com/what-we-do/our-focus-areas/physical-activity

Designing for Bicycles and Pedestrians  |  Minnesota Department of Transportation  |  Provides
transportation practitioners with a quick reference of basic guidance and public involvement tools to
assist in developing bicycle and pedestrian networks at the community level. Access the Statewide
Bicycle System Plan, Manual on Uniform Traffic Control Devices, MnDOT Bikeways Facility Design
Manual, American Association of State Highway and Transportation Officials Guide for Bicycle Facilities,
and MnDOT Pedestrian and Bicycle Toolbox  |  www.dot.state.mn.us/bike/

Health Impact Assessments  |  Design for Health  |  Health Impact Assessments identify and
evaluate the effects of policies, plans, programs, and designs on health.  |  http://designforhealth.net/hia/

Let’s Go for a Walk  |  A quick community walkability assessment tool in a brochure format  |  http://www.health.state.mn.us/divs/hpcd/chp/cdrr/physicalactivity/communities/communitiesgoforawalk

Minnesota Green Step Cities  |  Minnesota Pollution Control Agency  |  An action-oriented voluntary program offering a cost-effective, simple pathway to implementing sustainable best
practices that focus on greenhouse gas reduction.  |  https://greenstep.pca.state.mn.us/

National Association of City Transportation Officials  |  An organization committed to raising the
state of the practice for street design and transportation.  |  http://nacto.org

National Bike Month Guide  |  League of American Bicyclists  |  Provides guidance on planning
strategic events for bike month.  |  https://www.bikeleague.org/bikemonth

The National Complete Streets Coalition  |  An organization invested in making streets and roads safe
for all users.  |  http://smartgrowthamerica.org/program/national-complete-streets-coalition/

Safe Routes to School | Minnesota Department of Transportation | Help build safe routes for kids to walk and bike to school…and get the exercise they need. | http://www.dot.state.mn.us/saferoutes/

Trail Planning, Design, and Development Guidelines | Minnesota Department of Natural Resources | Provides guidelines and common language for developing motorized and non-motorized trails at the local, county, regional, and state level. | https://www.dnr.state.mn.us/publications/trails_waterways/index.html

Walk! Bike! Fun! Curriculum | Bicycle Alliance of Minnesota | Walk! Bike! Fun! helps children ages five to thirteen learn traffic rules and regulations, the potential hazards to traveling, and handling skills needed to bike and walk effectively, appropriately and safely through their community. | http://www.bikemn.org/education/walk-bike-fun

Working with Elected Officials to Promote Healthy Land Use Planning & Community Design | National Association of County and City Health Officials (NACCHO), 1100 17th Street NW, Washington, DC, www.naccho.org (Fact Sheet)