MINNESOTA

WALK! BIKE! FUN!

FIVE YEAR EVALUATION SUMMARY

Our goal is to prepare educators to teach children the skills for pedestrian and bicycle safety, and build confidence to be active and healthy.

435 Teachers
Physical Ed., Health, DAPE, Science, Classroom Teachers

304 Educators
Public Health, Law Enforcement, Community Education, Park and Recreation Departments

739 Participants

102 Trainings have been requested.
53 Trainings have been held.

Overall Rating
4.7 of 5
Participants rated the training a 4.7 on a scale of 1-5, “5” being excellent.

Implementation feedback....

95% of respondents will continue teaching the biking curriculum next school year.

82% of respondents shared they felt the curriculum taught a lifetime outdoor activity.

Most popular/favorite features to teach/curriculum:

“Going through the lesson plans and physically doing it outside. Biking through town was amazing. Great learning opportunity.
It was helpful to have both the classroom training before, and then the hands-on experience afterwards.”

Curriculum Placement

Most 1st & 2nd graders are taught Walk Fun!

Most 4th & 5th graders are taught Bike Fun!

ANNUAL REACH

71,683 based on precedent of 97 students taught per teacher per school year.

FROM WINTER ‘13 - SPRING ‘19

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Confidence to teach the Walk! Bike! Fun! curriculum

<table>
<thead>
<tr>
<th>Before Training</th>
<th>After Training</th>
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<tbody>
<tr>
<td>(1) Low</td>
<td>(5) High</td>
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Knowledge of biking and walking safety skills

<table>
<thead>
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<th>After Training</th>
</tr>
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<tbody>
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Participants were asked to rank how important the following are in teaching pedestrian and bicycle safety education at their schools or organizations:

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<th>Bike Fleet</th>
<th>Volunteers</th>
<th>Infrastructure</th>
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<tbody>
<tr>
<td>77%</td>
<td>77%</td>
<td>62%</td>
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ranked this as very important.

### Schools Supported by:

- **230** Substitute teacher pay reimbursements.
- **435** Teachers receiving 7 CEUs.

### Two Years of Technical Assistance

- **27,745** Students Using BikeMN Bicycle Fleet
- **206** WBF Ambassadors Trained
- **9,375** Educational Materials (bookmarks, stickers, posters) requested
- **263** Bike Fleet and Ambassador Guide downloads

### Technical Assistance Notes:

- BikeMN created a first-of-its-kind “adaptive bike library” program for the state of MN.
- WBF Ambassador trainings were up from three in 2018 to fifteen in 2019.
- Thirty-one Ambassador Kits were requested and received in 23 different communities.

### People Hearing About Walk! Bike! Fun!

- **8** TV news stories.
- **36** Newspaper articles.
- **47** Conference presentations and exhibits.
- **68** BikeMN newsletter articles and blog posts.*
- **86** BikeMN Facebook Posts, reaching 37,978 people.

*Each training gets listed multiple times in the “Upcoming Events” section of the BikeMN newsletter. Those listings are not included in this total.

### 39% of Educators Foresee Barriers

Participants anticipate the following barriers to implementing the program at their school or organization, citing:

- Lack of adaptive equipment and resources for first-time riders
- Access to more bikes, and for longer periods of time
- Need more adult volunteers for community ride
- Lack of connection between teachers and WBF Ambassador volunteers
- Access to safe infrastructure for walks and bike rides.
- Lack of bike mechanic skills
- Language barriers

www.walkbikefun.org